Understanding Modern Lighting Terms

Watt's a Lumen?

Brightness (lm)	220	375	500	1000	6000
Incandescent	15 W	25 W	33 W	67 W	400 W
Halogen	11 W	19 W	25 W	50 W	300 W
Compact Fluorescent	4 W	6 W	8 W	17 W	100 W
LED	2.5W	4 W	5.5 W	11 W	67 W

Correlated Colour Temperature (CCT)

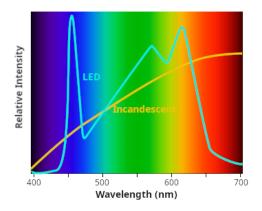
colour of a light. It is very approximately the same colour as would be emitted by a tungsten filament heated to that temperature.



It is a poor metric for LED lighting because an LED spectrum is unlike that of a glowing filament. For example, a 4000K filament would have a peak output at a wavelength of about 725 nm, but that of an LED could be around 450 nm.

Spectral Power Distribution (SPD), which measures light output as a function of wavelength, is a better metric, but it is rarely given by lighting suppliers.

LED and Incandescent Spectra



Colour Rendering Index (CRI)

CRI indicates colour fidelity under the given light.

100 – Perfect

95 – Super-Excellent – only needed for distinguishing subtle differences of hue

90 – Excellent; most people can't distinguish this from 100

80 – Acceptable for general purpose use

< 80 - Colours begin to look "washed out"



CRIs of some common lamps

Incandescent, halogen: 100

Standard fluorescent: 75 – 80

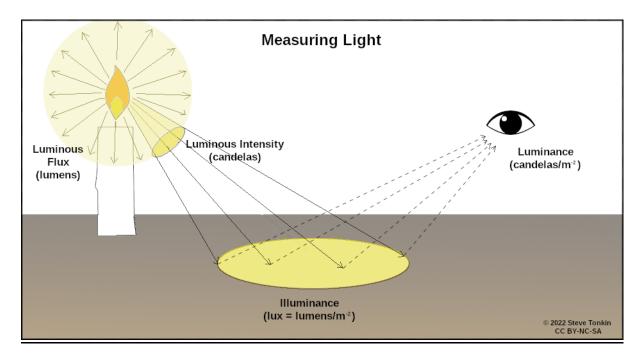
Tri-phosphor fluorescent: 85

Modern LEDs: 70 – 98

HPS/SON: 25

LPS/SOX: 4

Measurements of brightness



Luminous intensity is the perceived (by the human eye and visual cortex) brightness of a light. It is measured in candelas (**cd**). Because it is an anthropocentric measure, it tells us nothing about how other species perceive, or respond to, that light.

Not all the output from a light source goes into your eye. The total light output is called the **Luminous flux**. It is measured in lumens (**Im**).

1 lm = 1 cd sr.

The steradian (sr) is the measure of a solid – i.e. 3-dimensional – angle. A complete sphere is 4π sr.

Illuminance is the intensity of light falling on (illuminating) a surface. It is measured in lux (**Ix**).

 $1 lx = 1 lm m^{-2}$

Luminance is the amount of light reflected from (or emitted by) a surface. It is measured in candelas per square meter (**cd m**⁻²). It is dependent on the nature of the surface. It is luminance that enables us to see illuminated surfaces.

(If you forget the difference between illuminance and luminance:

Illuminance = Incoming; Luminance = Leaving)